

Śānti Paṭh Mantraḥ

ॐ

असतो मा सद् गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्यिर्मा अमृतम् गमय ॥
सर्वेषाम् स्वस्तिर् भवतु ।
सर्वेषाम् शांतिर्भवतु ।
सर्वेषाम् पूर्णम् भवतु ।
सर्वेषाम् मंगलम् भवतु ।

लोका समस्ता सुखिनो भवन्तु ॥

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।

उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय मामृतात् ॥

ॐ शांतिः शांतिः शांतिः ॥

Om

**Asato mā sad gamaya
Tamaso mā jyotir gamaya
Mrtyor mā amṛtam gamaya**

From ignorance lead me to Reality.
From darkness lead me to illumination.
From samsara lead me to immortality.

**Sarveṣam svastir bhavatu
Sarveṣam śantir bhavatu
Sarveṣam pūrṇam bhavatu
Sarveṣam maṅgalam bhavatu**

May all beings realize happiness.
May all beings realize peace.
May all beings realize the fullness of life.
May all beings realize life's auspiciousness

Lokā samastā sukhino bhavantu

May happiness pervade all worlds.

**Om tryambakaṃ yajāmahe
sugandhiṃ puṣṭi-vardhanam
urvārukam iva bandhanān
mrtyor mukṣīya māmṛtāt**

We meditate on Shiva, the three-eyed one
of sweet fragrance, who nourishes spiritual growth.
Like a ripe cucumber easily snapped from the vine,
may I be free from the bondage of death,
but not from immortality.

Om Śāntiḥ Śāntiḥ Śāntiḥ