

Supply List for Puja Teachings

Jaya Kula 2023

For Puja Foundations

1. Silk cloth for performing puja on the floor
2. uddharini (spoon for achamanam)
3. 1 small panchapatra cup
4. a bell – Tibetan bells are best
5. incense sticks and burner, holder, or ding
6. 1 small offering plate

For Shodashopachara Puja (16 offering puja)

1. everything from the Puja Foundations list above
2. a small lota
3. 1 additional small panchapatra cup
4. 2 additional offering plates
5. a camphor offering spoon or lamp to use for burning camphor
6. a small oil lamp and wicks
7. 3 small cups: one each for kum kum, sandalwood paste, and akshata (colored rice)
8. a small bowl for food offerings

Important Notes

- All items should be made of brass, copper, silver, ceramic, glass or bamboo. Do not buy any stainless steel or base metal items.
- Do not take plates and cups from your kitchen. Everything should be new.

Pictures of example items



Camphor Spoon



Lota



Lamp



Offering plate



Small Bowls



Panchapatra & Uddharini